

| **Personal Training Features:** | Everlasting Changes | Local Competitors |
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| No Start Up/ Initiation Fees | $0 | $50-$100 |
| Class Packs Available |  | Limited |
| Unlimited Training (no set # of sessions |  |  |
| Single Sessions Available to Purchase |  |  |
| Certifications in Personal Training |  |  |
| Certifications in Nutrition |  | Limited |
| Bodybuilding Consultation &Training Available |  | Limited |
| Customized Workout Programming Available for Purchase |  | X |
| 24/7 Keycard Access Available ***Including*** Personalized Workout Program |  | X |
| Flexible In & Out Times |  | X |
| Accommodation for Last-Minute Booking & Cancellation |  | X |